RABA Annual Meeting
Monday, December 6, 2010

End of Year and Election Meeting
Covered Dish Dinner:
6:00 PM; Meeting and Gift Swap:
7:00 PM
Location:
Fan Free Clinic–Basement Conference Room
1010 N. Thompson Street, Richmond, VA 23230
At this meeting, we will be voting in the 2011 slate for the Board of Directors (see the list on this page), presenting
(Continued on page 4)

Nominees for the 2011 RABA Board of Directors
The Nominating Committee wishes to announce the following candidates for a vote by the club members in attendance at the December the annual membership meeting, the details of which are published on this page:

Office | Nominees
--- | ---
President | Steve Herzog
Vice President | John Moore
Secretary | [open]
Treasurer | Cindy Evans
Advocacy Director | Bud Vye
Monthly Ride Director | Mary Hom
Weekly Ride Director | Cristina Bizzarri
Off-Road Ride Director | Matthew Bizzarri
Member Communications Director | Richard Halle
Membership Director | Kristen Swanson
Public Relations Director | Andy Smith
Century Director | Tim Bowring
At-large Director | Sheryl Arzuaga or Ron Corio

Thanks to the Nominating Committee for its work. Members were John Moore (Chair), Sheryl Arzuaga, Bill Britton, Alan Cooper, and Kristen Swanson.

Join or Renew Your RABA Membership for 2011!
(Continued on page 11)

Bikes for Kids Delivery Day
Saturday, Dec. 4, 10:00 AM
Last month we had a well attended Bikes for Kids assembly party where a big group put together 150 bikes. Thank you so much for making the assembly party another success!
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Soapbox ................................ Insert Pages 1 & 2,
Welcome to RABA's newest members. We hope to meet you and see you on some of our rides!

Duy-Anh Vu
Michael Haubenstock
Konrad Orta
Laura Green
Wynne Reece
George Hambleton
Alfred Strickler III
Gregory Huber
David Brown
Don Rodgers & Donna Rodgers

Elizabeth Stagg
Nicholas Desseyris & Blair Barksdale
Bill Watson & Laura Cooper
Charlene Rollins
Ronald Walton
James Cobb
Patrick Sheehan

Missed, But Certainly Not Forgotten
by Kim Moore

With all the comings and goings involved with the Heart of Virginia event, it can be easy to overlook recognizing individuals who are so crucial to the running of the event because they are always present. In the Heart of Virginia Volunteer Thank You article, two individuals were accidentally left off the list but who were so very important.

One is Bud Vye, the event coordinator of the past few years. Bud is EVERYWHERE when it comes to anything to do with Heart of Virginia. He is at lots of meetings, delivering or picking up materials, coordinating logistics and answering tons of questions from participants and other sponsors. Without Bud, there would be no Heart of Virginia!

The other is Jeanne Minnix. She has been very important in the design of the T-shirts for participants and volunteers and of the marketing materials for the event. Jeanne has in fact helped on other design projects for the club, like the new RABA jersey. Developing a good impression of the Heart of Virginia depends on what potential participants see in brochures, posters and T-shirts, and Jeanne has been instrumental in creating interest and compliments in that regard.

Thanks to both Bud and Jeanne for making this year’s event a success!

And, once again, this year’s Heart of Virginia wouldn’t have run nearly as smoothly without Kim Moore’s efforts. Because of her organizing and coordinating the work of the many needed volunteers, the folks who came to the event were able to enjoy the rides and activities knowing that there were people taking care of all the behind the scenes stuff. Thanks, Kim!

-RH
Another highly successful Adopt a Highway Trash Pick up on 10/23, as 15 pickers (including a few new ones) made short work of cleaning up our 2.7 mile segment of the ABC route south of Ashland. As seems to be the norm in the recent pick ups, we got the job done in about an hour and 20 minutes, for which I was personally grateful as I had a ticket to Game 6 of the Phils-Giants playoff series in Philly that night. The quick wrap up of the job enabled me to join the group at Ashland Coffee and still drive to Philly in plenty of time for the game. Big Thank You’s to all who made it possible! Unfortunately the day didn’t end so well for me, as the Phils lost 3-2, sending the Giants off to the World Series, where they made short work of the Texas Rangers. Come and join us at the Spring pickup. If we get a few more out there, we might be able to break our record time, which presently stands at 1 hr. 12 minutes.

Next up was the Wellness Expo at Dominion’s Innsbrook building on 10/28, where volunteers Jim Peterson and Champe Burnley ably manned a table and did some missionary work for the club among the company’s employees. Publicity Director Andy Smith helped organize our showing.

Then on Halloween, it was up to D.C. for the annual Fall trip up Rock Creek Drive to the Zoo, followed by the Georgetown Branch and Capitol Crescent Trails back to the Georgetown Marina and starting point. Although some apparently were put off by the fact that the Marine Corps Marathon, with its 35,000 runners, was in the same area on the same morning (and one reported he got frustrated by the road closures and turned around and went home), 8 of us persevered and got to our barricaded starting point. As we were communicating by cell phone while we were nearing our starting point, Ellyn Sukonick reported that she and Steve had reached the Teddy Roosevelt Memorial parking area but that it was barricaded. When asked, “How then did you get there?” she replied “I got out of the car, moved the barricades and we drove in.” A few minutes later, we did the same, and soon were joined by Daria Gardynik, who had parked a few blocks away in Rosslyn and ridden her bike down to join us.

We took advantage of the road closures by riding in the roadway across the Memorial Bridge amidst a sea of pedestrians. Across the bridge we ran into the Marathon route, which came up behind the Lincoln Memorial and then down toward the Potomac, an endless stream of slower runners funneled down a sidewalk about 15 feet wide. No way we were going to cross that path with our bikes to get to the Lincoln’s rest rooms any time soon, so we decided to move on and head for the Zoo. Again we benefited from the road closures as we were permitted to ride in the street against the flow of the oncoming runners (by now we were encountering the stragglers) past the Kennedy Center and Watergate to the beginning of Rock Creek Drive. From there on it was normal, smooth sailing. We had a great time at the Zoo, getting a real kick out of watching the gorillas eat the Jack O Lanterns, and remove the cardboard gravestones, that had been placed in their enclosure as part of a Halloween display. The weather was absolutely perfect (as it has been the last several times we’ve done this Fall trip); we found a great place to eat lunch at Fresco in Bethesda, and everyone (Mark Bierly, Gayle McMunn, Carrie Christ, and Steve’s cousin David, who lives up there and rides with us when we come to DC; always contributing some very valuable local guidance, were the others) vowed to be back for the Cherry Blossom ride in April.

Next up came the Bike Assembly Party on 11/6. A new Chairman, Andrew Mann, in a new location, Mark Electric, on Leadbetter Rd. in Hanover Air Park, with the usual terrific turnout of volunteers, did another very impressive job of assembling the 150 bikes. Wayne Flood, who works at Mark Electric and was responsible for securing that venue, is to be commended for a major contribution to the effort, without which I don’t know how it would be possible. Once again, the weather was beautiful, allowing a number of assembly stations to operate on the pavement outside the building. A big surprise as a van pulled up the drive and out comes a wheel chair with none other than Chris Tompkins in it. One of his volunteers from the Needles Eye Ministries picked him up at The Laurels and drove him over in Chris’ van. With everyone busily working away, not much visiting of any duration took place, but it was good to learn that Chris’ sacral sore had finally healed, which is a real relief to him and enables him to take such excursions as this.

When all bikes were assembled, Bob Allen climbed up into the first of the two trailers to be used to store them until distribution day, and we began to hand the bikes up. At first glance, it didn’t appear that all would fit, but working in the dark up in the front of the trailer, Bob somehow shoe horned them in, and there actually was a significant amount of space left in the rear of the 2nd trailer when all was said and done, and we repaired to finish the rest of the pizza. Kudos to Andrew and Wayne for a tough job well done! And to the long list of members (and their family members) who turned out to finish the job by about 12:15. This event has always struck me as perhaps the most impressive project RABA accomplishes in the course of the year. Well done to all involved!

From there, it was down to Shiplock Park, along the completed section of the Capital Trail, to look in on the American Indian festivities that culminated in the unveiling of Connecticut (the fiber glass sculptured Indian Chief that spent about 25 years at the Diamond until the R Braves left town). Some long winded speeches by several Native American tribal officials slowed the process down, but the Chief eventually had the cover dropped from him and he now looks down on the Trail from the roof of the Odell Architecture firm’s offices in what was the Lucky Strike building when Tobacco Row was in its hey day. Check him out when you are down on that western end of the Trail. He’ll be keeping an eye on you.

Two days later, we have the Volunteer Appreciation Party at Savor, down the street from Legend Brewing in Old Manchester. Another nice affair, put together by Cristina Bizzarri. Good to see Mike Moore in attendance, almost three weeks after the surgery to repair his torn labrum. Sporting a fancy, padded sling, he seemed to be healing well, although not without some pain, and was well into his Physical Therapy regimen.

(Continued on page 4)
Bikes for Kids Delivery Day...

(Continued from page 1)

Now it’s time for the final stage of this project, the delivery of the bikes and helmets to the area’s county Christmas Mother facilities. Anyone wishing to help in this endeavor please meet us on Saturday, December 4, at 10:00 AM at Mark Electric, Inc, the same place we assembled the bikes. After loading the bikes we will divide up into groups, one for each delivery site.

Here’s the address:
Mark Electric, Inc.
11194 Leadbetter Rd.
Ashland VA 23005

Get there via either the Atlee or Lewistown Rd exits on I-95.

RABA Annual Meeting...

(Continued from page 1)

awards for volunteer service, and briefly conducting any other club business.

The meeting and election will take place after a covered dish dinner. Bring something to share with your friends. Note that the room where we’re meeting does have a small kitchen facility we can use.

One of the fun parts of the evening will be the RABA Gift Swap – if you wish to participate, please bring a WRAPPED bicycling-related gift valued between $10 to $15. Gifts will be swapped according to very specific rules, which will be explained at the party. Be prepared for a lot of laughter during this portion of the meeting!

The Fan Free Clinic is located at 1010 N. Thompson Street on its west side. It’s 1 block east of Route 195 between Cuthshaw Ave. and Grace Street.

Please park in the visitors lot two doors south at 910 N. Thompson. There is a sign on Thompson indicating where it is. DON’T park in the lot NORTH (towards Broad St.) of the building! You might get towed!

Use the back door entrance and go down the stairs. The conference room is the door on the right after the restrooms.

Becoming a RABA Ride Leader!

- No experience necessary
- Cue sheet library available
- Great way to become more involved in the club

For more information or to schedule a ride, contact:

**Monthly Road Ride Captain:** Noah Kaatz, noahkk5270@yahoo.com 955-0582

**Weekly Road Ride Captain:** John Moore, jmoore216@comcast.net 338-9668

**Off-Road Ride Captain:** Matthew Bizzarri mdbizzarri@gmail.com 994-2006

The deadline for getting January, 2011 rides listed in The Pedaler is December 15

I know that this is the month where Noah and John are in the process of dropping back and letting the new 2011 Ride Captains take their turns at “pulling” the RABA ride planning “paceline” but they’ll still be able to help and answer questions.
**December, 2010 Monthly Rides**

Monthly Road Ride Captain: Noah Kaatz, 955-0582, noahk5270@yahoo.com

Off-Road Ride Captain: Matthew Bizzarri, 994-2006, mdbizzarri@gmail.com

New Riders: Please call the ride leader ahead of ride time to be sure that the ride will be at your pace and skill level.

Ride Leaders: Please submit ride sheets to statisticians Steve & Debbie Herzog, 13204 Forest Light Court, Richmond, VA 23233 no later than 14 days after the ride to ensure that all riders get mileage credit.

Ride times listed are departure times.
Check RABA E-mail distribution lists for latest updates.

<table>
<thead>
<tr>
<th>Pace</th>
<th>Typical Average Riding Speed</th>
<th>Description</th>
<th>Terrain Key</th>
<th>Description</th>
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<tbody>
<tr>
<td>A+</td>
<td>20+ mph</td>
<td>Very strenuous</td>
<td>1</td>
<td>Many/Steep (knee alert!)</td>
</tr>
<tr>
<td>A</td>
<td>18 up to 20 mph</td>
<td>Strenuous</td>
<td>2</td>
<td>Some/Steep</td>
</tr>
<tr>
<td>B+</td>
<td>16 up to 18 mph</td>
<td>Fast social with emphasis on riding</td>
<td>3</td>
<td>Moderate</td>
</tr>
<tr>
<td>B</td>
<td>14 up to 16 mph</td>
<td>Moderate social with emphasis on riding</td>
<td>4</td>
<td>Some/Mild</td>
</tr>
<tr>
<td>C</td>
<td>12 up to 14 mph</td>
<td>Brisk social</td>
<td>5</td>
<td>Few/Gentle</td>
</tr>
<tr>
<td>D</td>
<td>8 up to 12 mph</td>
<td>Relaxed social with emphasis on safety; perfect for new riders; no steep hills</td>
<td>MB</td>
<td>Mountain bike/off road</td>
</tr>
</tbody>
</table>

Note: See *The Pedaler Plus* and www.raba.org for the complete Pace Key Tables.

**Off Road Rides**

No off-road rides are listed in *The Pedaler* this month but this doesn’t mean that there aren’t going to be any. Because of the variable weather this time of year, Matthew Bizzarri and the ride leaders are going to wait until later in the week and then decide which days would be the best for a ride. At that point a message will be sent out to via the RABA E-mail distribution lists. Be on the lookout for that.

If you do not see your pace group on a ride you want to go on, please inquire with the ride leader about leading one for your pace group.

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**The Pedaler**

December, 2010
December 10, 2010 Monthly Rides

(Continued from page 5)

County Drive (Waverly, VA 23890) at the corner of Routes 460 and 40 (Main Street) in the town of Waverly. From Richmond take I-95 or I-295 to Route 460 east (toward Norfolk).

December 11 (Saturday)  
**James River Parade of Lights Tour**

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>5 pm</td>
<td>20</td>
<td>3</td>
<td>Many</td>
<td>Champe Burnley, 804-358-5801, <a href="mailto:champe_burnley@hotmail.com">champe_burnley@hotmail.com</a></td>
</tr>
</tbody>
</table>

**Description:** Join fellow cyclists as we ride to Libby Hill to enjoy the 19th annual James River Parade of Lights, sponsored by our friends with the James River Advisory Council (see: www.jamesriveradvisorycouncil.com for details).

Bring hot dogs, hamburgers, snacks, etc. We will have a sag vehicle at the start to carry goodies to Libby Hill. We want to bring the parade to the Hill, so don't hold back on the bike decorations and personal accoutrements. As with all evening rides, please bring appropriate lights, reflectors, spare batteries and blinkies. If someone is interested in driving a cooler with snacks to Libby Hill, please contact Champe at 358-5801.

**Directions:** We will depart from behind the Westhampton Theatre at 5:00, arriving at the dock at Rocketts at 6:00 to watch the decorated boats as they arrive in Richmond. We will then ride to Libby Hill where we will join our friends from JRAC for a barbecue and holiday cheer.

December 12 (Sunday)  
**Urbanna Crab Cake Ride**

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<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store stops</th>
<th>Leader</th>
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</thead>
<tbody>
<tr>
<td>A+</td>
<td>10 am</td>
<td>62</td>
<td>3</td>
<td>One</td>
<td>Wayne Flood, 804-641-0556, <a href="mailto:Sept1Flood@comcast.net">Sept1Flood@comcast.net</a></td>
</tr>
<tr>
<td>A</td>
<td>10 am</td>
<td>62</td>
<td>3</td>
<td>One</td>
<td>Kirk Sweeney, 804-370-9121, <a href="mailto:ksweeney@geoenvironmental.net">ksweeney@geoenvironmental.net</a></td>
</tr>
<tr>
<td>B+</td>
<td>10 am</td>
<td>62</td>
<td>3</td>
<td>One</td>
<td>Hugh Aaron, 804-690-9720, <a href="mailto:hugh@theaarons.com">hugh@theaarons.com</a></td>
</tr>
<tr>
<td>B</td>
<td>10 am</td>
<td>62</td>
<td>3</td>
<td>One</td>
<td>Jim Denoon, 370-6252, <a href="mailto:delaniewdeno@verizon.net">delaniewdeno@verizon.net</a></td>
</tr>
</tbody>
</table>

**Description:** Join us for an annual RABA tradition, the Urbanna Crab Cake Ride. This is a casual, social ride through King and Queen and Middlesex counties with a lunch stop in Urbanna. The route is an out and back from Walkerton to Urbanna on scenic county roads. The ride leaders plan to ride at the lower end of the speed range for their designated pace groups. Please make sure you give yourself enough travel time to get to Walkerton (which is about 26 miles north of Mechanicsville) in time for the ride start.

The cue sheet and GPX file for this ride are available at the ride listing on the [http://www.raba.org/monthly-rides.html](http://www.raba.org/monthly-rides.html) page. Please bring a copy with you. Given the rural nature of this ride, it is important to have your own copy of the cue sheet in case you get separated from the other riders.

**Directions:** Meet in the boat ramp parking lot (around 3000 Walkerton Road, Walkerton, VA 23117) in Walkerton. To reach Walkerton, exit I-295 onto 360 North (Mechanicsville Turnpike). Proceed approximately 17 miles to Highway 30 (a fairly major commercial intersection). Turn right onto Highway 30 (King William Road) towards West Point. Proceed approximately 6.4 miles to Walkerton Road (across from Hamilton Holmes Middle School). Turn left onto Walkerton Road. Proceed approximately 2 miles at which point you will cross the bridge over the Mattaponi River into Walkerton. Park in the boat ramp parking lot on your left just after you cross over the bridge.

December 15 (Wednesday)  
**RABA Annual Christmas Ride and Tacky Light Tour**

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<tr>
<th>Pace</th>
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<tr>
<td>C</td>
<td>6:30 pm</td>
<td>25</td>
<td>4</td>
<td>Many</td>
<td>Champe Burnley, 358-5801, <a href="mailto:champe_burnley@hotmail.com">champe_burnley@hotmail.com</a></td>
</tr>
</tbody>
</table>

**Description:** Join your fellow RABA members for a RABA holiday tradition, a casual cruise through the city to enjoy all of the spectacular holiday lights. We’ll ride to various locations around the city and take in as many of the tackiest decorations as we can. Appropriate costumes and holiday regalia are encouraged. Grinches need not attend.

At the end of the ride, we will celebrate the spirit and fellowship of the season with dinner/drinks at Palani Drive Restaurant around the corner from the Westhampton Theatre. Please bring appropriate lights, reflectors, spare batteries and blinkies.

**Directions:** Meet behind the Westhampton Theatre (5706 Grove Ave, Richmond, VA 23226) at Grove and Libbie Avenues.

December 19 (Sunday)  
**Border Recon Patrol**

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<th>Pace</th>
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<tr>
<td>B+</td>
<td>10 am</td>
<td>36</td>
<td>3</td>
<td>Two</td>
<td>Dee Nuckols, <a href="mailto:sdnuckols@yahoo.com">sdnuckols@yahoo.com</a>, 804-749-3400</td>
</tr>
</tbody>
</table>

**Description:** Here’s an old club favorite through some very pretty country we haven’t done in a while (getting its name because...)

(Continued on page 7)
Looking Backward; Looking Forward

by Ron Corio

The days are shorter, the temperature has moderated, and the calendar is inching toward year end. Fall is a time for reflection, for introspection, a time to look at the club events of the past year, to evaluate and see what lessons we can take forward. First, the highlights:

- Club mileage of over 385,000 by the end of October surpasses the old record of 368,021 set in 2009 and there are two more months of riding to be added (Thanks to Steven Herzog's detailed and timely stats).

- Thanks to a robust calendar of rides, assembled by Noah Kaatz and John Moore and to the ride and pace group leaders, there were 11,170 ride sign-ins by members through October.

- The Heart of Virginia Bike Festival drew over 600 registrants and was a huge success, thanks to the untiring work of Bud Vye and the committee and event volunteers and our charitable partners the Hanover Mental Health Association and the Hanover Habitat for Humanity.

- Six New Rider Rides during the summer months drew huge numbers of riders and introduced many to club riding.

- Thanks to Andrew Mann’s leadership and your generous contributions and bike assembly work, 150 area children of needy families will receive a bicycle this holiday season.

- Club memberships continued to grow with 748 memberships at the end of October surpassing the 2009 record of 711. Counting the 253 family memberships as two people brings the total to 1001. Additions in November and December are yet to be added.

- The first change in the bylaws in sixteen years was approved after an extensive review and revision process, thanks to the bylaws committee that began this process in 2009 and to the current board for slogging through each article to arrive at language that was acceptable to a majority.

- A new club jersey was designed and orders placed, thanks to Matt Bizzarri, who, in addition to scheduling regular off-road rides, guided the process, and to Jeanne Minnix, who designed the jersey.

- Online payment of dues, donations to the Bikes-for-Kids, and payment for club jerseys was added to the Web site, thanks to the work of Web Administrator Richard Halle and Treasurer Cindy Evans.

- The club’s role in bicycle advocacy continued to grow. Champe Burnley and Sheryl Finucane are President and Secretary, respectively, of the Virginia Bicycle Federation. Bud Vye sits on the Richmond Planning District Commission’s Citizen Transportation Advisory Committee, and Champe serves as an alternate. Champe co-chairs the newly formed Mayor’s Pedestrian, Bicycling, and Trails Planning Commission and Sheryl is a commission member. Member Jay Paul is Vice-Chair of the Virginia Capital Trail Foundation, on which Champe is a board member. Champe is RABA’s liaison to the Partnership for Smarter Growth and a member of that board.

- Thanks to the work of editor Richard Halle and the contributions of members, the newsletter and Pedaler Plus online supplement continued to provide members with current club news and a detailed ride calendar.

- Safety Chair Sheryl Finucane and Eric Martin, both League Certified Instructors, instructed 45 riders in four Road Skills classes.

- Members had numerous opportunities to meet and socialize, e.g. monthly meetings, pedal and pizza, the picnic, and the volunteer appreciation party--thanks to the work of Program Director Cristina Bizzarri and Vice-President Paul Walaskay--and invitations from Suzanne and Dee Nuckols to ride and share a potluck lunch at their home.

Reflection on the past year is important because it provides the starting point for moving forward. What other things might the club ponder in the near future? Here are some suggestions:

- Develop a phase-in plan for moving to an all-electronic newsletter for cost savings and ease of publishing a larger document with color images and hyperlinks to related information.

- Encourage more club rides south of the James River. The majority of club rides are north of the James and to the north, east, and west of Rich-

(Continued on page 2)
mond, making it a long trip for residents of Chesterfield, Powhatan, and Amelia counties. More rides to the south would bring in new members and spread the club’s advocacy influence over a greater area.

- Major expansion of Fort Lee will increase the population there to 45,000 by next summer. During the course of each year 70,000 students will pass through training courses there. Many of them are cyclists, which presents an area where RABA’s bicycling efforts will be appreciated. Exploring with base officials how RABA could serve that area would expand the club’s service area and offer cycling opportunities for more people.

- Develop ride leaders through mentorship, training, and a ride leader crib sheet; publish articles in the newsletter to encourage more members to lead rides.

- Develop a larger contingent of off-road riders.

- Look for ways to introduce young people to cycling and club riding, e.g. outreach to scouting and youth organizations.

- Encourage more newsletter content articles from members.

- Look for ways to increase participation in the monthly meetings; day and time, venue, and program are factors to examine.

- Explore the possibility of an annual club banquet.

- Foster more member-organized bicycle outings, e.g. the Creeper Trail, the Blue Ridge Parkway, and more member-organized bike tours, e.g. the Blue Ridge Parkway and the C&O Trail.

It is truly the members who make RABA a healthy and robust organization—by riding, leading rides and pace groups, volunteering for RABA and other bicycle-related events, and serving as officers and directors. Props to you.

To the board of directors, a special thank you for your efforts in leading the club and making board meetings a forum for the civil debate of ideas that led to decisions for moving RABA forward.

Richard Halle had to put all his editing skills to work in helping me get through the messy process of composing monthly newsletter articles. Thank you, Richard.

Finally, thanks for the opportunity to serve as president, enabling me to meet, get to know, and work with many of you and to have a front row seat in RABA’s ride through 2010.

Happy new year!

Soapbox...

(Continued from page 1)

Thanks, Ron!

Thanks, Ron! You’ve done a great job this year serving as RABA’s President. And, not only have you done the often time-consuming work that comes with the position, you’ve also managed to keep on doing what it was you probably joined RABA for—riding your bike. Looking at the stats on the web site, your 4400+ miles and 110+ RABA rides through the beginning of November are right in-line with what you did in previous years. Pretty remarkable!

Serving as the President of RABA has, in my opinion, a couple of components—stewardship and leadership. There’s stewardship because the club has a long record and history and much of what is done each year continues and builds on what has been done in previous years. There is no such thing as a blank slate. And leadership is called for as the club works to respond and adapt to changing conditions. Sometimes there’s a lot of inertia to overcome.

To me, the items you listed in your article show your success based on the two criteria mentioned. We kept on doing the things we were expected to do and we did some necessary new stuff, too!

So again, Ron, thanks!

-Thanks to Fran Smith for this photo.
it goes along the border between Hanover and Louisa counties). Meet Dee at the Montpelier Center for Arts and Education in Western Hanover County. There will be one store stop at the McQueen Store. Cue sheets will be on line about a week before the ride. This route is a Bud Vye route. Other pace ride leaders are needed.

**Directions:** The Montpelier Center for Education and the Arts is located at 17205 Mountain Road in Montpelier. This is located at the intersections of Rt. 33 and 715, 15 miles west of I-295. Take Staples Mill out of the city toward Montpelier. You may take I-295 or I 95 to the Rt. 33/ Staples Mill exit and take 33 out of the city.

**December 31 (Friday)**

**Cattle Drive**

<table>
<thead>
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<th>Pace</th>
<th>Time</th>
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<th>Terrain</th>
<th>Store stops</th>
<th>Leader</th>
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<td>B+</td>
<td>12 pm</td>
<td>42</td>
<td>3</td>
<td>One</td>
<td>Jim Denoon, 370-6252, <a href="mailto:delaniewdeno@verizon.net">delaniewdeno@verizon.net</a></td>
</tr>
<tr>
<td>B</td>
<td>12 pm</td>
<td>37</td>
<td>3</td>
<td>One</td>
<td>Bill Britton, 347-5114, <a href="mailto:billbritton@comcast.net">billbritton@comcast.net</a></td>
</tr>
</tbody>
</table>

**Description:** This ride is so named for the types of farms we pass along this route in the Manquin section of Hanover. Say good-bye to the old cows one more time, before we mooove into a new year (Hope you don’t have a beef about that…). I am told that Jim will plan on avoiding the big hill at Gravitt’s Mill. This is the big hill before you get to Dabney’s Mill Rd, when you are coming back from the store stop.

**Directions:** The ride starts and finishes at the Hanover County Government Complex (often called the “Hanover Courthouse”). The Hanover County Government Complex (7497 County Complex Road, Hanover, VA 23069) is on US Route 301 at just south of the intersection of Routes 54 and 301. From I-295, take Exit 41 onto Route 301, travel north for approximately 10.5 miles and turn right onto County Complex Rd. From I-95, take Exit 92 (Route 54 East) towards Hanover. Travel approximately 5 miles to the intersection with Route 301. Turn right onto Route 301. Travel approximately one-half mile and turn left onto County Complex Road.

**January 1 (Saturday)**

**New Year’s Day Ride**

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>11:11 am</td>
<td>63 or 43</td>
<td>3</td>
<td>TBD</td>
<td>Andy Smith, 804-339-8227, <a href="mailto:asmith2954@yahoo.com">asmith2954@yahoo.com</a></td>
</tr>
<tr>
<td>B+</td>
<td>11:11 am</td>
<td>43 or 31</td>
<td>3</td>
<td>TBD</td>
<td>Hugh Aaron, 804-690-9720, <a href="mailto:hugh@theaarons.com">hugh@theaarons.com</a></td>
</tr>
<tr>
<td>B</td>
<td>11:11 am</td>
<td>43 or 31</td>
<td>3</td>
<td>TBD</td>
<td>Ron Corio, 804-643-6452, <a href="mailto:rcorio@vcu.edu">rcorio@vcu.edu</a></td>
</tr>
</tbody>
</table>

**Description:** Sleep in and then come out and join us for another RABA tradition – a New Year’s Day Ride through the pretty countryside of King William and King & Queen counties. Store stops are questionable on all routes given the holiday. Riders are encouraged to carry plenty food and water, especially if planning to ride one of the longer routes.

The cue sheets and GPX files for this ride are available at the ride listing on the [http://www.raba.org/monthly-rides.html](http://www.raba.org/monthly-rides.html) page. Please bring a copy with you. Given the rural nature of this ride, it is important to have your own copy of the cue sheet in case you get separated from the other riders.

**Directions:** Meet at the parking lot of Zoar State Forest (near 9411 West River Road, Aylett, VA). Take Rt. 360 east approximately 20 miles beyond Mechanicsville to Aylett. Turn left at the light onto Rt. 600 (West River Road) and go 1.5 miles to the forest entrance and parking lot on the right.

Thanks for helping with Bikes for Kids!

---

Mark Electric, Inc.

11194 Leadbetter Rd.
Ashland VA 23005

804-798-9360

www.markelectric.com

Wayne Flood

If you’ve done any bike related stuff you’d like to share with club members… well, we’d love to include it in either the Pedaler or Pedaler Plus.

Photographs, articles, whatever… Give us a chance to live vicariously or maybe plan similar adventures for the future. Get in touch with me at rrichhalle@verizon.net.

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Pedaler Plus

Check out the Pedaler Plus, a supplement in PDF format, that you can read, download, and/or print from [http://www.raba.org/pplus.html](http://www.raba.org/pplus.html)

There are some interesting articles and pictures in there this month as well as an 8 1/2”x11” calendar showing all the RABA rides.

---

The Pedaler

December, 2010
Weekly Road Ride Captain: John Moore, 338-9668, jmoore216@comcast.net

New Riders: Please call the ride leader ahead of ride time to be sure that the ride will be at your pace and skill level.

Ride Leaders: Please submit ride sheets to statisticians Steve & Debbie Herzog, 13204 Forest Light Court, Richmond, VA 23233 no later than 14 days after the ride to ensure that all riders get mileage credit.

Sunday

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stop</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+</td>
<td>1 pm</td>
<td>30 to 45</td>
<td>3 to 4</td>
<td>see below</td>
<td>Barry and Martha Pullen, 561-3950</td>
</tr>
</tbody>
</table>

Description: Meet at the Powhatan County Courthouse on Route 13. There are many nice rides from the Court House, mostly with good scenery and low traffic. The ride leaders will select a route that will be at least 30 miles with a longer option usually available. There may be no store stops. Maps and cue sheets will be available for those wishing to ride at their own pace. If the weather is doubtful, call the leaders to confirm if they will be riding.

Dorey Park

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stop</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1 pm</td>
<td>30-50</td>
<td>4</td>
<td>1</td>
<td>Randy Rosemond 966.5472; <a href="mailto:velosalsaman@aol.com">velosalsaman@aol.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Marshall Brown, 328-3823 <a href="mailto:pedal2themedal@comcast.net">pedal2themedal@comcast.net</a>.</td>
</tr>
<tr>
<td>B</td>
<td>1 pm</td>
<td>30-50</td>
<td>4</td>
<td>1</td>
<td>Ron Corio, 804-643-6452; <a href="mailto:rcorio@vcu.edu">rcorio@vcu.edu</a></td>
</tr>
<tr>
<td>C</td>
<td>1 pm</td>
<td>30</td>
<td>4</td>
<td>1</td>
<td>John Moore, 804.338.9668; <a href="mailto:jmoore216@comcast.net">jmoore216@comcast.net</a></td>
</tr>
</tbody>
</table>

Description: All rides lead from Dorey Park to Horizon store and back on a network of flat roads. Rides of 14 to 40 miles can be crafted using various route combinations. Additional out-and-back loops from Horizon Store can add 12 to 18 miles for longer rides. Cue sheets with maps are available for those who want to ride at their own pace. You can download one from the web site at http://www.raba.org/map/Dorey%20Park%20Options%20and%20Map.pdf.

Directions: From I-64 take Exit 195 Laburnum south (toward the James River) and continue 3.6 miles to Darbytown Road. Turn left on Darbytown and continue 1.3 miles to the Dorey Park entrance on the right. Meet at the parking lot at the end of Dorey Park Drive.

Mondays with Mary

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stop</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+</td>
<td>10 am</td>
<td>33 to 62</td>
<td>3</td>
<td>One</td>
<td>Mary Falterman, 741-2116, Barry Pullen, 561-3950</td>
</tr>
</tbody>
</table>

Description: The ride starts at a different location every week. The meeting place and start times are decided on Sunday evening at about 8:00 PM, depending on Mary, Barry, and Chris Walke’s schedules. Please contact one of the ride leaders on Sunday evening to get information about the upcoming ride.

Tuesdays at Rockville

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stop</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>B+</td>
<td>10 am</td>
<td>33 to 62</td>
<td>3</td>
<td>One</td>
<td>Bill Whitworth, 285-9193, <a href="mailto:wwhitworth@reynolds.edu">wwhitworth@reynolds.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Jim Denoon, 370-6252</td>
</tr>
</tbody>
</table>

Description: Please join us for a great ride through western Hanover, Goochland, and eastern Louisa. We leave from what is popularly referred to as the “Rockville Little League Fields”. Cue sheets are always available. Often, we divide into more than one group as both faster and slower riders attend. The ride varies weekly and on the day before each ride, I send out a message on the club email list announcing the distance and other particulars of the ride.

Directions: Headed west from Richmond, take the Rockville/Manakin exit off of I-64. Go right at the top of the ramp onto Route 623 toward Ashland. Turn left at the first stoplight onto Pouncey Tract Rd. The little league fields are 3.8 miles to the left. The address is 17347 Pouncey Tract Road.

Tuesday Varina Tour

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>2:30 pm</td>
<td>Around 30</td>
<td>4</td>
<td>Varies</td>
<td>Mary Hom, 804-285-5943, <a href="mailto:mhom2724@yahoo.com">mhom2724@yahoo.com</a></td>
</tr>
<tr>
<td>B+</td>
<td>2:30 pm</td>
<td>Around 30</td>
<td>4</td>
<td>Varies</td>
<td>Hugh Aaron, 804-690-9720, <a href="mailto:hugh@theaarons.com">hugh@theaarons.com</a></td>
</tr>
<tr>
<td>B</td>
<td>2:30 pm</td>
<td>Around 30</td>
<td>4</td>
<td>Varies</td>
<td>Ron Corio, 804-643-6452, <a href="mailto:rcorio@vcu.edu">rcorio@vcu.edu</a></td>
</tr>
</tbody>
</table>

(Continued on page 9)
December, 2010 Weekly Rides

(Continued from page 8)

**Description:** This is a casual afternoon ride for those who want to get a little mid-week exercise during the off season. The route will vary from week to week. Cue sheets will be provided via the RABA email list and/or the RABA web site.

**Directions:** Meet behind Portabella’s Restaurant located in the Varina Shopping Center at the intersection of Route 5 and Strath Road (2627 New Market Rd, Richmond, VA 23231). From I-295, take exit 22 onto Route 5 (New Market Road) west toward Varina; go approximately 1 mile; the Food Lion shopping center will be on the left. From I-64, take the South Laburnum Ave Exit; go approximately 5.5 miles to Route 5 (New Market Road); turn left and the shopping center will be on the right in 2.3 miles. From I-895, take the Laburnum Ave Exit; turn right on Route 5 (New Market Road). The shopping center will be on the right in 2.3 miles.

**Wednesday**

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>9:30 am</td>
<td>25 to 40</td>
<td>Varies</td>
<td>Varies</td>
<td>Barry Pullen, 561-3950</td>
</tr>
<tr>
<td>C</td>
<td>9:30 am</td>
<td>25 to 40</td>
<td>Varies</td>
<td>Varies</td>
<td>Bud Vye, 262-9544</td>
</tr>
</tbody>
</table>

**Retiree’s Midweek Ride and Lunch**

**Description:** This ride meets at a different location each week for a ride of 25 to 40 miles, followed by lunch. All riders are invited. Each week’s location will be announced to the RABA E-mail lists. If you are not on the list, please call Bud Vye, 262-9544 or Barry Pullen, 561-3950

**Wednesday**

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>C</td>
<td>7 pm</td>
<td>20</td>
<td>5</td>
<td>None</td>
<td>Jack Huber, 804-282-3872, <a href="mailto:jhuber1111@yahoo.com">jhuber1111@yahoo.com</a></td>
</tr>
</tbody>
</table>

**Ashland Dinner Club**

**Description and Directions:** This nighttime ride leaves from the Laurel Park Shopping Center at the corner of Woodman and Hungary Roads. We ride to Ashland and have dinner before returning to Laurel Park. The group will ride at a C or faster pace depending on the pleasure of the group.

**Note:** The ADC is a nighttime ride and is not recommended for novice riders. You must be comfortable with group riding and be confident with your bike handling skills. Adequate lights, blinkies and reflective clothing are absolutely mandatory. Two rear blinkies and a primary plus spare headlight is strongly recommended.

Remember to bring:
- at least one headlight which provides enough light to illuminate the road in front of you. A second, spare light with charged batteries is strongly recommended.
- at least one bright-red blinkie for the rear of your bike. (Two are recommended.)
- fully charged and/or spare batteries for all lights.
- lots of reflective clothing, vests, leg bands, and/or arm bands.

**CHECK ALL LIGHTS AND BATTERIES BEFORE YOU GET TO LAUREL PARK. CALL THE RIDE LEADER IF YOU HAVE ANY QUESTIONS.**

**Thursday (Note: New Start Time for Winter Months)**

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Terrain</th>
<th>Store Stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1 pm</td>
<td>36 to 46</td>
<td>3</td>
<td>Varies</td>
<td>Will organize at ride start</td>
</tr>
<tr>
<td>B+</td>
<td>1 pm</td>
<td>36 to 46</td>
<td>3</td>
<td>Varies</td>
<td>Bill Whitworth, 804-285-9193, <a href="mailto:wwhitworth@reynolds.edu">wwhitworth@reynolds.edu</a> Hugh Aaron, 804-690-9720, <a href="mailto:hugh@theaarons.com">hugh@theaarons.com</a></td>
</tr>
</tbody>
</table>

**Unemployed Cyclists Ride**

**Description:** The route for this ride varies from week to week. However, all routes cover some part of central Hanover County and the surrounding areas (which offer a lot of beautiful countryside). Many routes do not have a store stop, so bring plenty of water. Notwithstanding the name of the ride, everyone is invited to join us, whether employed or not. This ride is ideal for anyone with a flexible schedule (e.g., retirees, stay at home moms and dads, homemakers, etc.). Separate cue sheets for each pace group are sent out on the RABA email list prior to the ride each week (usually on Wednesday afternoon). If you do not subscribe to the RABA email list, email Hugh prior to the ride for a copy of the cue sheet.

**Directions:** The ride starts and finishes at the Hanover County Government Complex (often called the “Hanover Courthouse”). The Hanover County Government Complex (7497 County Complex Rd., Hanover, VA 23069) is on US Route 301 just south of the intersection of Routes 54 and 301.

(Continued on page 10)
<table>
<thead>
<tr>
<th>Thursday</th>
<th>Under the Lights at West Creek</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pace</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>B+</td>
<td>5:30 pm</td>
</tr>
</tbody>
</table>

**Description:** This 6 mile loop is very well lit, but please have at least one bright-red blinkie for the rear of your bike and reflective clothing. It is also a legal requirement to have a headlight (the purpose of which is as much for the rider to see where he is going as it is to alert oncoming motorists). Riders can ride this 6 mile loop for as many miles as they want up to and beyond 30 miles. All ride levels are welcome to attend and maps will be available for those wishing to ride at their own pace. If the weather is doubtful or the temperature is below 40 degrees, please call the leader to confirm that the group will be riding. (No Thanksgiving Day Ride)

**Directions:** Meet at the Direct Buy parking lot at 12830 West Creek Parkway. Take the Patterson Ave., exit off of Route 288 and head west (away from Richmond) for approximately one mile, turn right into the West Creek office park.

<table>
<thead>
<tr>
<th>Friday</th>
<th>Fridays at Hylas</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pace</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>B+</td>
<td>10 am</td>
</tr>
</tbody>
</table>

**Description and Directions:** The ride will start and end at the Berea Baptist Church at the intersection of 623 (Ashland Road) and 271 (Pouncey Tract Road). To get there, take I-64 West to Exit 173 (Rockville/Manakin), go right (north) on 623 and travel 2.5 miles to the Berea Baptist Church on your right just before the intersection with 271. The ride will vary each week. Maps and cue sheets will be available for those wishing to ride at their own pace.

<table>
<thead>
<tr>
<th>Friday</th>
<th>East Hanover Ride</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pace</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>A/A+</td>
<td>2 pm</td>
</tr>
<tr>
<td>B/B+</td>
<td>2 pm</td>
</tr>
</tbody>
</table>

**Description:** This ride starts and ends at the National Park Service Cold Harbor Battlefield Visitor Center, which is a few miles off I-295 near the Richmond Airport. The routes for this month are:

- Dec. 3 Black Creek Run (29.6 miles)
- Dec. 10 New Kent Vineyards (35.9 miles)
- Dec. 17 South Quaker (28.7 miles)
- Dec. 24 Give Peace a Chance Sooner (30.3 miles)
- Dec. 31 Piping Tree Ferry Options (27.2 or 34.4 miles)

Paper cue sheets are not provided. You should print your own cue sheet prior to coming to the ride. Visit the RABA web site to download and print the cue sheet for each route, or email Hugh to receive a PDF version of any cue sheet.

The Visitor Center has both a water fountain and restrooms. However, due to the rural nature of the area, very few routes include a store stop. Please make sure that you bring enough water to comfortably complete the ride without a store stop.

**Directions:** The National Park Service Cold Harbor Battlefield Visitor Center is located at 5515 Anderson-Wright Drive, Mechanicsville, VA, which is off of Cold Harbor Road (Route 156) about five miles southeast of Mechanicsville. Get on I-295 and head (North or South) towards the Creighton Road exit (Exit 34). Take the Creighton Road exit (Exit 34) onto Creighton Road (Route 615) heading east. Proceed approximately 1 mile east on Creighton Road. Turn right at the first stoplight (there will be a Fas Mart on your right and a 7-11 on your left as you make the turn) onto Cold Harbor Road (Route 156) heading south towards Old Cold Harbor. Proceed approximately 2 miles to the National Park Visitor Center, which will be on your left. **Note: The Park Service has requested that we park in the grassy area across from the parking spaces adjacent to the visitor center building.**

<table>
<thead>
<tr>
<th>Saturday, 8:30-9:00 AM</th>
<th>The Ashland Breakfast Club (ABC)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pace</strong></td>
<td><strong>Time</strong></td>
</tr>
<tr>
<td>Varies</td>
<td>8:30-9:00 am</td>
</tr>
<tr>
<td></td>
<td>9:00 am</td>
</tr>
</tbody>
</table>

**Description and Directions:** This ride leaves from the Laurel Park Shopping Center at the corner of Woodman and Hungary Roads. The basic ride is ten almost flat miles to Ashland where riders stop at Hardees or Ashland Coffee & Tea for breakfast or hot or cold drinks before retracing the route back to Laurel Park. There are a variety of routes from under 30 miles to over 50 miles. All ride levels are welcome to attend and maps will be available for those wishing to ride at their own pace. If the weather is doubtful or the temperature is below 40 degrees, please call the leader to confirm that the group will be riding.
(Continued from page 10)

number of variations to this ride with many riders choosing a 30 mile route to the Coffee Shop while others prefer the basic route where they then meet up with other riders interested in doing additional miles before returning to the starting point. Riders may join the ride leader’s group or form a group of their own based on preferred pace and distance. Unlike most RABA rides, this ride does not have a group start. Riders may sign the ride sheet and depart anytime between 8:30 and 9:00. If you are new to this ride, please introduce yourself to the ride leader and he or she will assist you in finding other club members who ride your pace. Maps and cue sheets are available for those wishing to ride at their own pace. Riders arriving after the ride leader has left will find the sign-up sheet and route maps on the ride leader’s car.

Saturday, 11:30 AM-12:00 PM

<table>
<thead>
<tr>
<th>Pace</th>
<th>Time</th>
<th>Miles</th>
<th>Store Stops</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varies</td>
<td>11:30 AM</td>
<td>20 to 50+</td>
<td>Some</td>
<td>Dec. 4 Gary Thabet 402-9105 <a href="mailto:gethabet@gmail.com">gethabet@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>12:00 PM</td>
<td></td>
<td></td>
<td>Dec. 11 Sheryl Arzuaga 687-3844 <a href="mailto:snsn32@yahoo.com">snsn32@yahoo.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Dec. 18 Pat Reddington, 564-9212, <a href="mailto:patricia.predding@gmail.com">patricia.predding@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Dec. 25 Ed Tepper, 551-2992, <a href="mailto:livn2ride804@gmail.com">livn2ride804@gmail.com</a></td>
</tr>
</tbody>
</table>

Description and Directions: This ride is held in fall/winter months only and is identical to the Ashland Breakfast Club (ABC) ride above except that it starts a little later so temperatures have a chance to warm up.

Maps and cue sheets are available for those wishing to ride at their own pace. Riders arriving after the ride leader has left will find the sign-up sheet and route maps on the ride leader’s car.

RABA Membership Renewal ...

(Continued from page 1)

Your RABA membership runs from Jan. 1 through Dec. 31 so it’s time for you to renew now. That way you’ll keep on enjoying benefits such as the newsletter, the E-mail list and insurance coverage while on club rides. We’ve made it a little easier and faster for you this year. Via the web site (http://www.raba.org/membership-x.html) you can either renew on-line (preferred!) or download the application which you complete and send in with a check (old school!).

Remember that the annual dues are $20 for an Individual Membership and $25 for a Family Membership.

Looking to buy or sell Real Estate? Choose a fellow cyclist, and 25 Yr. Distinguished Achiever for your next move:

Prudential

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Fax 804 288-0716 dialdave@acl.com
www.davemillerhomes.com

An independently owned and operated member of Prudential Real Estate Affiliates, Inc.

There is one thing that is a little different for 2011. This year we’ve been sending members links to electronic copies of The Pedaler as a way of transitioning away from the relatively expensive printing and mailing costs of the paper version. For 2011 the electronic copy is going to be standard and you’ll get the paper copy only if you request it. Look for that option on the application form.

Each Pedaler costs more than $1.50 per copy. Please opt for the paper copy only if you really need it. The less we spend on printing and mailing, the more there’ll be for other benefits or activities.

It’s easy to procrastinate about something like this, but don’t do it. Renew now while you’re thinking about it!
Classifieds

Classified ads in The Pedaler are free for RABA members or for paying non-members. Members may have no more than two bicycles for sale on this site at any one time. Ads will run for three consecutive months unless informed that the items have been sold. The date submitted will be displayed on each. If you want your ad to continue running, you must notify the Editor prior to the expiration. Pedaler ads are not necessarily included on the website.

TACX i-magic T1900 Virtual Reality Trainer with Steering Frame and Software Used one winter, excellent condition Any offer considered; List MSRP $700. Contact Deb Anderson at dabikeva@gmail.com (11/2010)

PerformanceBike rain gear. Mens blue jacket, Medium. Purchased for a cycling tour and never used, excellent condition Any offer considered; Paid $40. Contact Deb Anderson at dabikeva@gmail.com (11/2010)


Mid-90’s used Colnago 7-speed, 55 cm / 55 cm seat / top tube. Columbus SLX tubing with fluted down tube. Black with painted logos & accents. Chromed fork, head tube lugs, right rear chainstay & all dropouts. Most components Campy Chorus. Horizontal dropouts and strong Mavic MA-40 wheels would make this a good candidate for a single speed. Some wear to paint (touched up) and small 5 mm very shallow ding to top tube. Asking $800. Contact me for more info & pics on my Flickr site. Paul Germain at GermainArt@aol.com

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Submissions for The Pedaler: The Pedaler welcomes submissions in any form, email preferred. All submissions will be confirmed. All become property of The Pedaler. E-Mail: rrichhalle@verizon.net. Submission Deadline: Midnight the 15th of the Month. Advertising rates: $198 full-page, $99 half-page, $149 2/3 page, $67 1/3 page, $48 1/6 page. Two bicycling classified ads are free to members; non-member rates apply thereafter. Non-Member Classified Rates: $5 for 1 item, $10 for 2-5 items, $15 for 6-9 items and $25 for 10-15 items– all with a reasonable amount of text per item. Send check or money order payable to RABA Treasurer, PO Box 6565, Ashland, VA 23005

The Pedaler
December, 2010