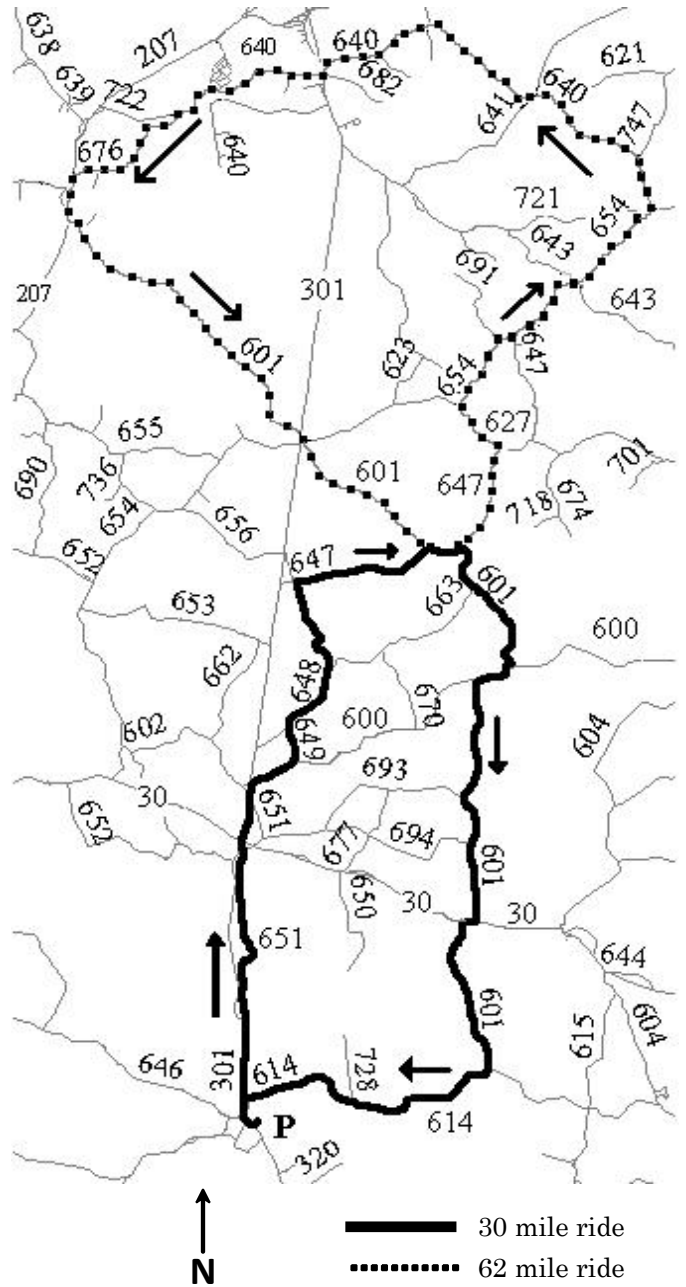




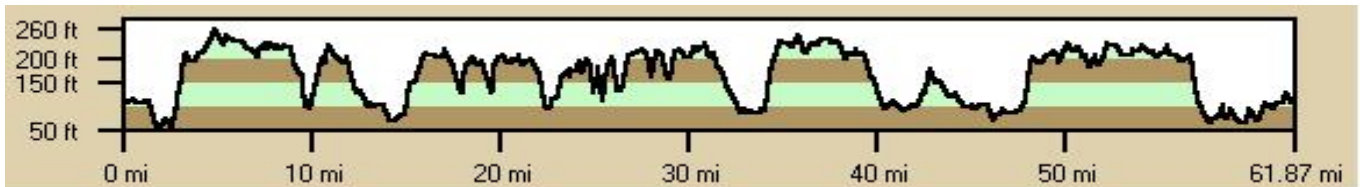
Frog Level Variations

Frog Level Metric (62 mi)				
Mileage	DIR	Road Name	Route#	Interval
0.0		Begin Hanover CH Complex		
0.0	W	Co. Complex Rd	1005	0.23
0.2	R	Hanover CH Rd	301	2.43
2.7	BR	Mt Gideon Rd	651	2.10
4.8	BR	Richmond Tpk	301	1.72
6.5	R	Frog Level Rd	600	0.96
7.4	L	Lorne Rd	649	0.53
8.0	R	Sunshine Rd	648	3.10
11.1	R	Doggetts Fork Rd	647	2.36
13.4	R	Reedy Mill Rd	601	0.78
14.2	BL	Reedy Mill Rd	647	1.84
16.1	L	Mattaponi Tri	627	1.17
17.2	R	Kidds Fork Rd	654	3.30
20.5	R	File Rd	643	0.32
20.8	L	Pendleton Rd	654	1.73
22.6	R	Sparta Rd	721	0.28
22.9	L	Maracossic Dr	640	2.55
25.4	L	Maracossic Dr	640	0.71
26.1	BL	Perimeter Rd	641	0.35
26.5	R	Smoots Rd	640	4.38
30.8	L	Richmond Tpk	301	0.10
30.9		Rest Stop "Texaco"		
30.9	N	Richmond Tpk	301	0.05
31.0	L	New Baltimore Rd	640	0.52
31.5	R	New Baltimore Rd	640	1.39
32.9	St	Nelson Hill Rd	722	0.87
33.8		Cross over RR		
33.8	L	Devils Three Jump Rd	676	2.19
36.0	L	Rogers Clark Blvd	207	0.72
36.7		Lunch Stop "Feedlot"		
36.7	L	Penola Rd	601	5.81
42.5		Cross 301		
42.5	St	Penola Rd	601	0.13
42.6	L	Reedy Mill Rd	601	0.06
42.7	BR	Reedy Mill Rd	601	3.60
46.3	R	Mt Vernon Church Rd	601	2.36
48.6	R	Frog Level Rd	600	0.69
49.3		Store Stop "600"		
49.3	L	Edgar Rd	601	3.29
52.6	St	Edgar Rd	601	1.05
53.7	R	King William Rd	30	0.18
53.9	L	Calno Rd	601	2.75
56.6	BR	Etna Mills Rd	614	4.74
61.3	L	Hanover CH Rd	301	0.49
61.8	L	Co. Complex Rd	1005	0.23
62.1		End Hanover CH Complex		

Notes: R=right; L=left; BR=bear right; BL=bear left
St=straight; W=west



Carl Armstrong
Map Series





Frog Level Variations

Carl Armstrong
Map Series



Frog Level (30 mi)				
Mileage	DIR	Road Name	Route#	Interval
0.0		Begin Hanover CH Complex		
0.0	W	Co. Complex Rd	1005	0.23
0.2	R	Hanover CH Rd	301	2.43
2.7	BR	Mt Gideon Rd	651	2.10
4.8	BR	Richmond Tpk	301	1.72
6.5	R	Frog Level Rd	600	0.96
7.4	L	Lorne Rd	649	0.53
8.0	R	Sunshine Rd	648	3.10
11.1	R	Doggetts Fork Rd	647	2.36
13.4	R	Reedy Mill Rd	601	0.78
14.2	R	Mt Vernon Church Rd	601	2.36
16.6	R	Frog Level Rd	600	0.69
17.3		Store Stop "600"		
17.3	L	Edgar Rd	601	3.29
20.6	St	Edgar Rd	601	1.05
21.6	R	King William Rd	30	0.18
21.8	L	Calno Rd	601	2.75
24.5	BR	Etna Mills Rd	614	4.74
29.3	L	Hanover CH Rd	301	0.49
29.8	L	Co. Complex Rd	1005	0.23
30.0		End Hanover CH Complex		
Notes: R=right; L=left; BR=bear right; BL=bear left St=straight; W=west				



Frog Level Variations

Carl Armstrong
Map Series



Ride Description:

Frog Level Variations

Pace	Time	Miles	Terrain	Stops	Leader
		30, 62	3		

Description: Meet at the Hanover Courthouse to do a long time club favorite ride up into Caroline county, through Milford and on to Rt. 207. Note that there is a shorter option of 30 miles available.

Directions: The Hanover County Government Complex (7497 County Complex Rd. , Hanover , VA 23069) is on US Route 301 at just south of the intersection of Routes 54 and 301.

Ride Notes:

- The full route is basically a "figure-8"
- There is a poorly marked turn to the right on 601 (where the two loops join). Be alert for this. This comes at 14 miles for the 30-milers, 39 miles for the 55-milers, and 46 miles for the 62-milers. If you miss this turn you will keep doing the upper loop until we come get you!
- There is a moderately serious hill going out at about mile 3-4.
- Note: since this cue sheet was developed, Campbell's Feed Lot has closed-there is NO option to stop there for lunch.